

SPA GUIDE

Wellness treatments for pets

AROMATHERAPY MASSAGE

Dogs in need of major R&R head to Yorkville's **DOGee** spa, where the available spa services include hot oil treatments, paw pedicures and relaxing deep-tissue rubs using soothing essential oils. \$100 per hour; extra \$7-\$40 for door-to-door chauffeur service. 179 Avenue Rd., 416-515-7729.

REIKI

Elaine Turner is the Dr. Doolittle of the 905; she's a certified animal communicator who uses reiki, a form of energy healing, to foster deeper connections between people and their pets. She also offers workshops for wannabe pet therapists. \$90-\$150 per session. *Pawsitive-connections.com*.

YOGA

"Doga" is already popular in New York and L.A. The first Toronto class, run by yogi Shannon Young, launched in February at the Super Wonder Gallery on Bloor. It's a regular vinyasa workout with some doggy participation: for instance, owners may lift their pups aloft while striking a warrior pose. \$20. *Tobloomyoga.com*.

BODY SCULPTING

The **Woof Watchers** program at the Canine Wellness Centre helps chubby pups shed unwanted poundage. The plan includes nutrition advice and a personalized exercise program, including sessions on the clinic's underwater treadmill. \$70-\$110. 68A Rainside Rd., 416-690-1077.

ALL DOGS GO TO HEAVEN

At Park9, a super-swank kennel and doggy daycare near Pearson International, pets are treated to gourmet snacks, cushy amenities and heaps of personal attention. Here, an annotation of the five-star facility



1 Dogs undergo a **mini-psych assessment** before they're allowed to stay at Park9. Owners also fill out paperwork listing their pets' likes and dislikes to help staff cater to their specific needs.

2 The **main playground** is where dogs hang out indoors (there's also a "seniors wing" for older dogs and a "cat wing" with climbing walls). Owners can check on their pets via **webcams**.

3 A **UV filter** keeps the pool clean without the use of harsh chemicals (so the water's drinkable). The **faux grass** features a flushing mechanism that automatically eliminates all waste and water.

4 The resort's fanciest guest rooms are the \$199 **poolside suites**, which are equipped with treat-dispensing Skyping stations and flat-screen TVs (often playing YouTube loops of frolicking dogs).

5 The custom **lighting system** is designed to mimic natural daylight (for when it's too rainy or snowy to play outside). The air is sanitized with a hospital-grade ventilation system.

BEST IN CHOW Extravagant treats for discerning puppy palates



FOR SMALL-BATCH SNACKS

BARKBOX

The subscription service offers blind boxes of toys, chews and treats—like roasted duck jerky and gluten-free bacon biscuits. From \$26 per month. *Barkbox.com*.



FOR ALL-NATURAL MEALS

ALL GOOD DOG FOOD CO.

These "human-grade" beef, chicken and lamb blends are hand-mixed by a team of in-house chefs. They contain zero fillers or preservatives. *Allgooddogfood.com*.



FOR HAUTE DESSERTS

STICK AND BRINDLE

This posh "treat boutique" sells delicate doggy macarons and fortune cookies sweetened with wildflower honey. \$20 for 12. *Stickandbrindle.com*.